



# AKASHVANI

THE OFFICIAL E-NEWSLETTER OF AIMSRC

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# INAUGURATION OF AKASH INSTITUTE OF ENGINEERING AND TECHNOLOGY



On September 28th, AGI- Akash Institute of Engineering and Technology celebrated its inaugural ceremony, graced by the esteemed Vice Chancellor of VTU. The event, attended by students and parents, coincided with the reporting day for newly admitted candidates. Following the ribbon-cutting, the Chairman and I led the chief guest on a campus tour, receiving appreciation for our state-of-the-art infrastructure established within the first year.

Our commitment to excellence in infrastructure, a hallmark of Akash, was acknowledged by the Vice Chancellor.

This day will forever hold a special place in the history books of Akash, symbolizing a significant milestone for the management, faculty, and the institution as a whole.



## FELICITATION OF ASHA WORKERS BY AIMS & RC



At Akash Hospitals, clinical expertise, service excellence, and patient-centric practices form an integral part of our healthcare philosophy. Smooth operations, technically advanced treatments, and overall patient satisfaction are paramount to us, which is why we are acclaimed for servicing the rural community of Bengaluru.

In order to meet expectations and overcome challenges associated with treating rural communities, we closely work with 'ASHA' workers. Over 350 ASHA workers visited our campus on the occasion of Dasara and were felicitated by the management for their yeoman service.

Accredited Social Health Activists (ASHA), health workers employed by the Ministry of Health and Family Welfare (MOHFW) as part of India's National Rural Health Mission (NRHM), form the backbone of our nation's vast majority in rural demographics.

1. Through the ASHA network, Akash Hospital's experienced team of medical professionals provide quality and affordable healthcare to about 40,000 people in Bangalore rural. We serve thousands of patients, making healthcare affordable for the less privileged sections of society.
2. Since ASHA workers work closely with the hospital for our community outreach endeavors, we find it fitting to repay them with similar care and gratitude. This is why the management of Akash Hospital has declared all treatments, be they minor or major, for ASHA workers and their immediate families, free of cost.
3. To further extend our care and support to them from our hospital side, we have also declared that the births and deliveries of ASHA families will be covered by the hospital free of cost.
4. To facilitate access to healthcare in even the most remote parts of the rural community, we are adopting villages with the help of ASHA workers, which can help save many more lives.

Our patient-first approach has earned us the goodwill of patients not just from within Bengaluru city but also from across the rural parts of the surrounding areas. We attach the highest importance to ethical practices, evident in our professional conduct, honesty, trust, confidentiality, and mainly the patronage of ASHA activists.



## SWACHH BHARAT ABHIYAN AS PER THE DIRECTIONS OF NMC



At Akash Group of Institutions, we have taken the call by PM Narendra Modi for a 'Clean India Mission' seriously, marking the 9th Anniversary of Swachh Bharat Abhiyan on October 1st.

Just like the great leaders who led cleanliness drives, we at Akash adopted Devanahalli Railway station, following this year's motto 'Ek tarik. Ek Granta. Ek divas,' and took responsibility for cleaning the entire premises.

Around 200 students, along with the management, senior leadership, and faculty, volunteered for the program, actively creating awareness. Bangalore rural DC Shree Shiva Shankar and other government officials were part of our initiative.

From the station to the railway tracks, we divided into groups, collected waste, and segregated it into Dry & Wet categories for proper disposal. We educated station employees to extend similar awareness to passengers.

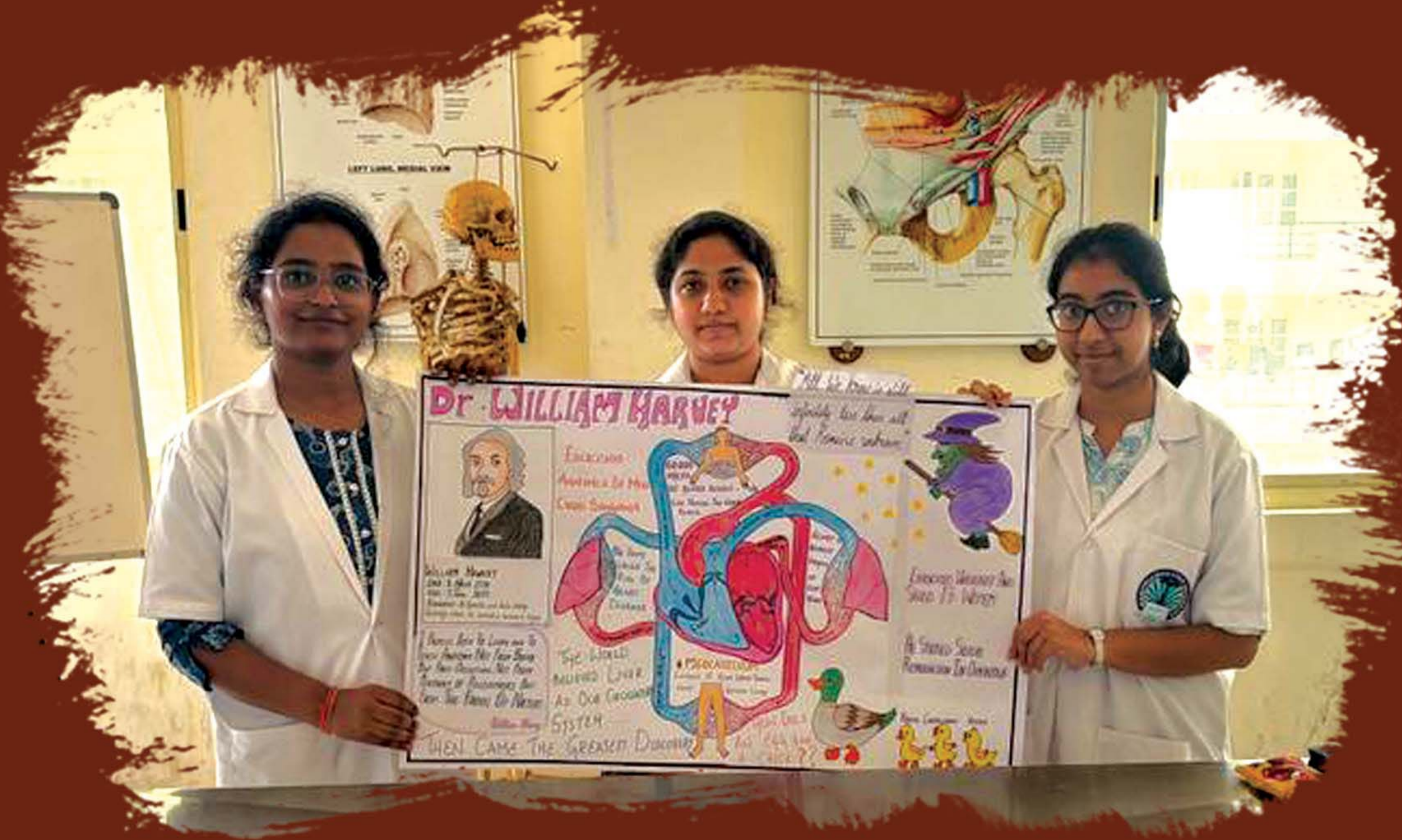
Dr. Brijesh, MS, coordinated the activities, and the occasion was graced by VC Sree Amar Gowda.

# WORLD SUICIDE PREVENTION DAY 2023



On **World Suicide Prevention Day 2023**, the Department of Psychiatry at Akash Hospital conducted an awareness program for Physiotherapy students and Nursing staff. **Dr. Poornima C** emphasized the theme "**Creating hope through action**," highlighting how individuals can support one another to prevent suicides and shared effective coping strategies for stress management. **Dr. Shruthi J** focused on dispelling myths and misconceptions related to suicide, underlining the significance of identifying warning signs to prevent such incidents.

# WORLD ANATOMY DAY



World Anatomy Day is celebrated worldwide on October 15th to commemorate the death anniversary of Andreas Vesalius. Today, at Akash Institute of Medical Sciences and Research Center, Bengaluru, we conducted an in-house competition for Phase I MBBS students in celebration of World Anatomy Day. It is essential to instill in young minds the value and work done by anatomists. Here are glimpses of posters and pencil sketches created by the students.

Dr. Anitha, Professor and HOD of Anatomy at Nandi Medical College and Research Center, and Dr. Kavitha, Professor and HOD of Microbiology, graced the occasion and judged the creative work of our students.



## MENTAL HEALTH AWARENESS PROGRAMME BY DEPARTMENT OF PSYCHIATRY



The Department of Psychiatry at AIMSRC conducted a mental health awareness program on the occasion of "World Mental Health Day."

The theme of the program was "Mental Health is a universal human right." The aim was to improve knowledge, raise awareness, and drive actions that promote and protect everyone's mental health. The renowned guest speaker for the occasion was **Dr. Ravish BN, HOD & Professor, Department of Psychiatry at Mysore Medical College**, who emphasized positivity and how to develop resilience.

The second talk of the day was by the proficient psychiatrist **Dr. Mohan Sunil Kumar, Director of Augmenta Health, Bengaluru**. He highlighted the good, bad, and the ugly side of technology in mental health.

The Honorable District Health Officer, **Dr. MC Sunil Kumar**, was invited as the guest of honor. He shed some light on the importance of mental health. We had a gathering of 300+ audience members ranging from young adults to senior faculties. It was a day of academic feast on mental health, which is the need of the hour.

## WORKSHOP ON INTERNATIONAL LEAD AUDITORS CERTIFICATE PROGRAM BY DEPARTMENT OF CENTRAL LABORATORY



Akash Institute of Medical Sciences & Research Centre, Akash Hospital, Devanahalli, Bangalore, in association with the Foundation for Quality India (FQI), accredited by NBQP Division of FQI, has organized a 4-day workshop on the **International Lead Auditors Certificate Program** as per ISO 15189:2022 from 2nd October to 5th October. The training was conducted by renowned course faculty, including **Dr. Thuppil Venkatesh**, Chief Executive Director of Foundation for Quality India (FQI) and Director of the National Referral Centre for Lead Projects in India (NRCLPI), also known as the Lead man of India.





## THE INDUCTION PROGRAM OF MBBS STUDENT'S 7TH BATCH



Another milestone in the history of AIMSRC. Today was the induction program for the 7th batch of MBBS.

We welcomed our young patrons and future doctors with open arms. The students were welcomed into the Akash family by the Management, who wished them the very best in their new endeavors at Akash Institute of Medical Sciences and Research Center. The Principal, Dr. Shivaprakash, addressed the gathering, and the classes commenced post the inaugural function.



## INAUGURATION PROGRAM OF POSTGRADUATE BATCH 3RD (2023-24)



We are happy to announce the commencement of classes for the Post Graduate batch of Medical Students for the Academic Year 2023-24 on Oct 23. We welcome them heartily to Akash Institute of Medical Sciences & Research Center family, where we believe their quest to become the next generation healthcare providers will be nurtured. We are sure that they will make us proud. **Wishing them a pleasant learning & stay at AIMS & RC.**  
**Sree Muniraju K Chairman, Dr. Shivaprakash Principal, Dr. Sunil Hegde RMO.**

# GANESH CHATURTHI



Ganesha Chaturthi, a festival of celebration, joy, and festivity, unites people from around the world to worship Lord Ganesha and seek his blessings. At Akash, students and faculty come together as a community, observing the festival with a sense of grace and elegance, celebrating the occasion with both reverence and grandeur.



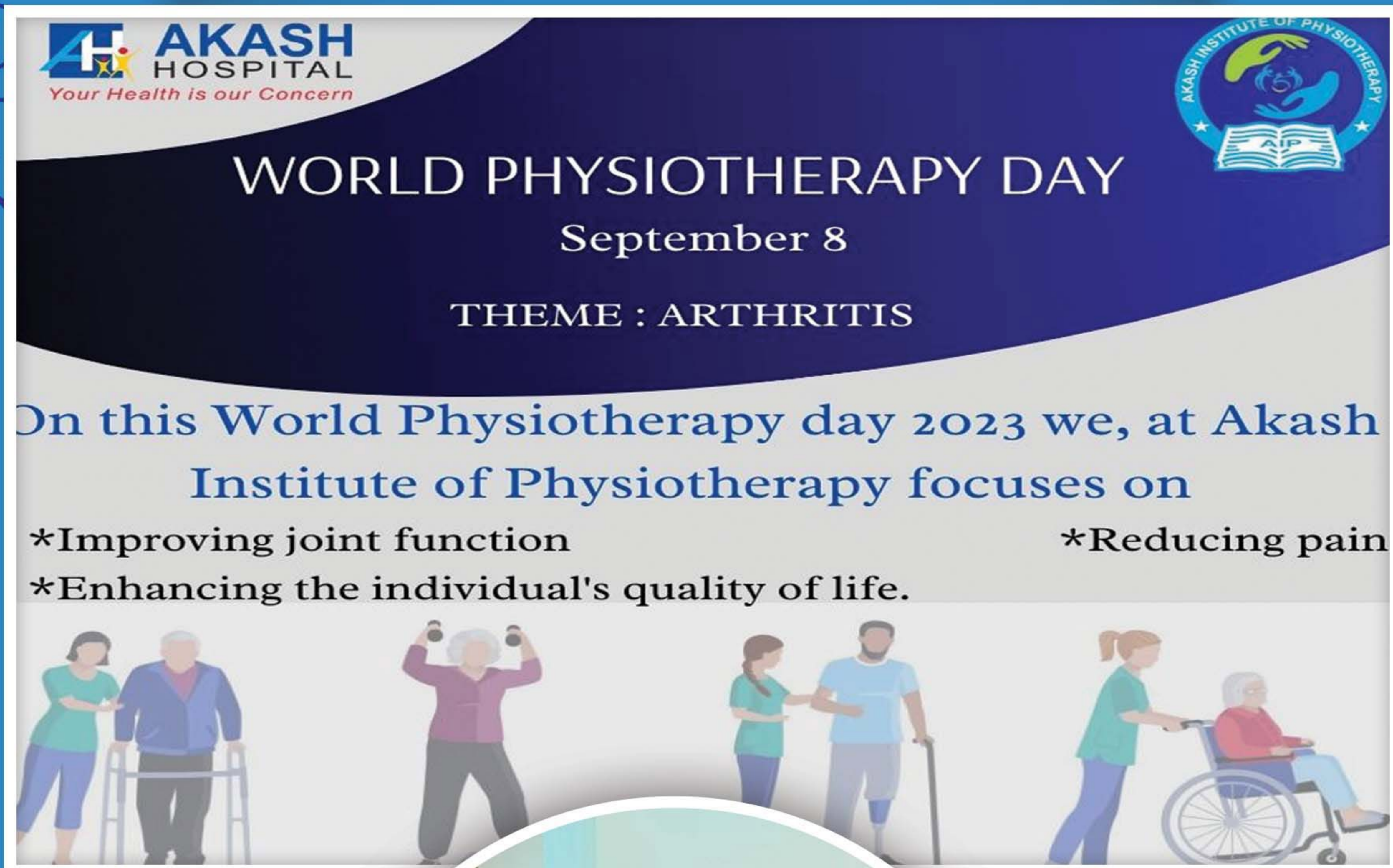


## GANESHA VISARJAN



Ganpati Visarjan was joyously celebrated at Akash Institutions today. This annual gala brought together the entire Akash community, including management, faculty, staff, and students. With dance, slogans, and heartfelt celebrations, everyone united to bid farewell to Lord Ganesha, making it a truly festive day at the institution.

# WORLD PHYSIOTHERAPY DAY CELEBRATION -2023




**AKASH HOSPITAL**  
Your Health is our Concern

**WORLD PHYSIOTHERAPY DAY**  
September 8

**THEME : ARTHRITIS**

On this World Physiotherapy day 2023 we, at Akash Institute of Physiotherapy focuses on

- \*Improving joint function
- \*Reducing pain
- \*Enhancing the individual's quality of life.



On **World Physiotherapy Day**, Akash Institute of Physiotherapy orchestrated a **Paper and Poster** presentation on 08/09/2023, aiming to raise awareness among students and patients about recent advancements in the field of arthritis. The theme, "**ARTHRITIS**," delved into some forms of inflammatory arthritis like Rheumatoid arthritis and axial spondylarthritis. Second and third-year students conducted survey studies, presented posters, and elucidated the pivotal role of Physiotherapy in arthritis and rehabilitation. **Dr. Naresh Shetty, CEO of Akash Hospital, delivered a keynote on the theme, followed by Dr. Roopa Lokesh, Principal AIPT, guiding students to create awareness and offering insights on arthritis.**

## GANDHI JAYANTHI CELEBRATION BY AKASH GROUP OF INSTITUTION



On this special occasion of **Gandhi Jayanti**, we at **Akash Group of Institutions** commemorate the birth anniversary of **Mohandas Karamchand Gandhi**, who set an example for all of us to follow, leading a life so noble that he became a 'Mahatma.' **The founding thoughts and philosophy behind Akash Institutions were to intertwine the future of our students with the great principles and morals taught by 'Bapuji.'** A bust of his has adorned our Campus since our inception, serving as a gentle reminder of this great soul who led with love, fought with non-violence, inspiring our entire nation with his wisdom. Today, I choose to commemorate, along with you, the father of our nation. His teachings of truth, non-violence, and self-reliance remain relevant even today. By embracing Gandhiji's ideals, young minds can contribute to our country's peaceful, prosperous, and sustainable future, fostering positive change and national progress.

May the spirit of truth, non-violence, the Ahimsa taught by Mahatma Gandhi continue to light our path. Let us take pride in our indigenous talent and faith in our fellow countrymen.



## HSICON NATIONAL CONFERENCE



We proudly announce that in the recently concluded **HSICON NATIONAL Conference** at Hyderabad, our 2nd-year postgraduate student **Dr. Chetan Kumar HM** from the **Department of General Surgery** participated and clinched the **THIRD BEST PAPER AWARD**. His research paper on 'A comparative study of open mesh repair and Desharda's No mesh repair for Inguinal Hernia' received high praise in the conference held by the **Hernia Society of India**, the **National Chapter of Asia Pacific Hernia Society**.

**HERNIA SOCIETY OF INDIA  
NATIONAL CHAPTER OF ASIA PACIFIC HERNIA SOCIETY**



**CERTIFICATE OF APPRECIATION**

**3<sup>rd</sup> BEST PAPER AWARD**

This certificate is awarded to

**Dr. Chethan Kumar**

has participated in The "**17th Annual Conference HSICON - 2023**"  
at Hotel Marriott on 31st August to 2nd September -2023

Congratulations!

  
Dr. Deepraj Bhandarkar  
President - HSI

  
Dr. Manish Bajjal  
Hon. Secretary - HSI

  
Dr. Kona Lakshmi Kumari  
Organising Chairperson  
HSICON - 2023



## KARPEDICON CONFERENCE

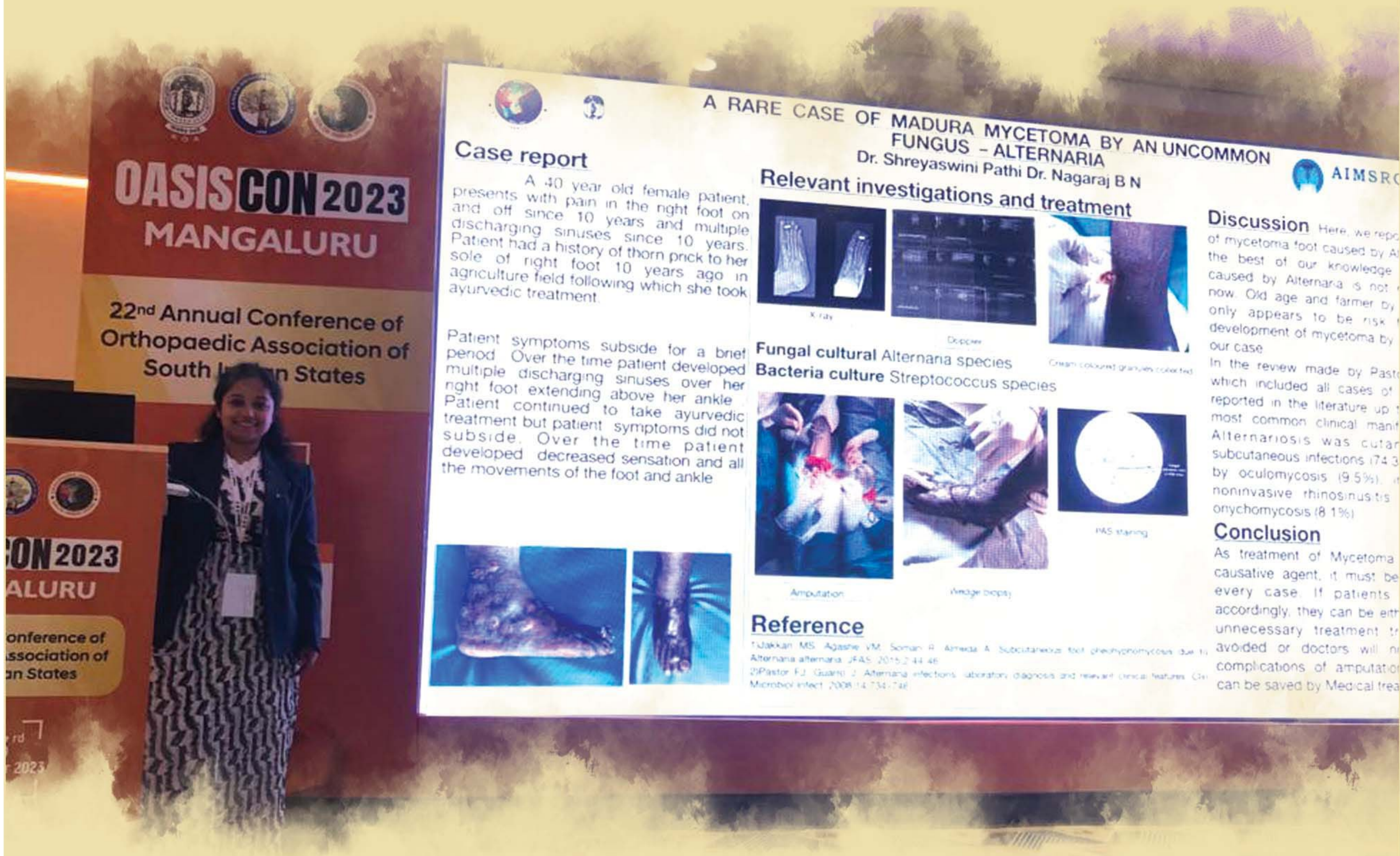


Five postgraduates from **AIMS & RC Department of Pediatrics**, second-year postgraduates, presented a PAPER in the state conference (**KARPEDICON 2023**). Congratulations to **Dr. Vijay** for winning the **1st prize** for the paper presentation on the topic 'Randomized control trial of the impact of knowledge, attitude, and practice of nursing mothers of babies receiving KMC and weight gain.'





# OASISCON 2023



Orthopedics Post Graduate Dr. Shreyaswini Pathi presented A RARE CASE OF MADURA MYCETOMA BY AN UNCOMMON FUNGUS- ALTERNARIA SPECIES, selected for the gold medal poster session at the annual conference of Orthopedic Association of South Indian States held at Mangalore on 1st, 2nd, and 3rd September 2023.



## CONFERENCE OF ANATOMY KCACON 2023



**23<sup>rd</sup> KCACON 2023**  
Conference of the Karnataka Chapter of Anatomists

The 23<sup>rd</sup> state-level conference of **Anatomy KCACON 2023** took place at KMC Manipal, Karnataka between 14-16<sup>th</sup> September 2023. Faculty of the Department of Anatomy and 18 phase 1 & 2 MBBS students presented scientific oral & poster presentations. **Dr. Swapnali Professor, Dr. Isha Assistant Professor, Miss Lavnya phase 2 MBBS student** awarded for the best oral presentations in the scientific sessions.

## SUPERANNUATION



Akash Institute of Medical Sciences & Research Centre, Akash Hospital, honored Dr. Thimma Reddy, Professor of Dept of General Medicine & Dr. Purnachandra, Professor of General Medicine, for attaining their **superannuation**. The two legendary professors devoted themselves to healing patients and transformed the face of the institution. They never felt tired, imparting their experience to young faculty, postgraduates, undergraduates about the approach to a disease, how to treat, and how to counsel attenders about conditions without depending on investigations to come to a diagnosis. **We thank Dr. Thimma Reddy and Dr. Purnachandra for their invaluable contributions to the institution. We wish them good health and happiness.**



## DEPARTMENT OF FOCUS GENERAL MEDICINE THARUNYA ELDERLY



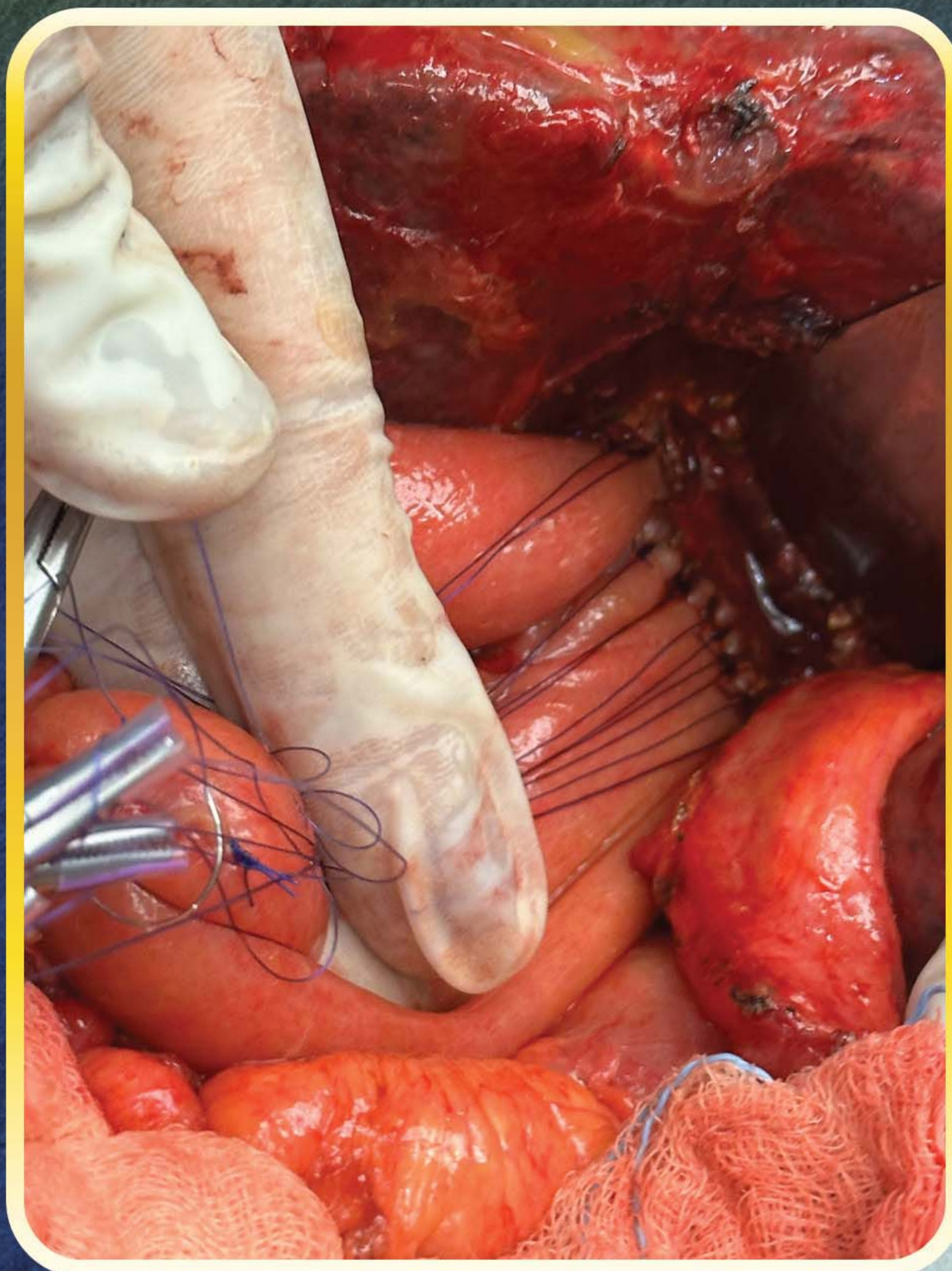
Introducing "Tharunya," a new geriatric clinic in the Department of General Medicine, with a motto of providing holistic and comprehensive care for the elderly population aged over 60. Our focus is on compassionate elder care, incorporating multi-disciplinary consultation and rehabilitation services to ensure a better tomorrow for our senior community.

### HIGHLIGHTS

1. COMPREHENSIVE ASSEMENT & HEALTH AND DISEASE
2. HEALTH AND PREVENTIVE EDUCATION
3. COMPREHENSIVE PREVENTIVE HEALTH PACKAGE
4. REHABILITATION SERVICES
5. DIET CONSULTATION
6. PAIN MANAGEMENT
7. FITNESS EVALUATION
8. RECREATIONAL ACTIVITIES

Venue: Medicine OPD, Akash Hospital  
Timings - 10am-1pm ( Monday and Wednesday)

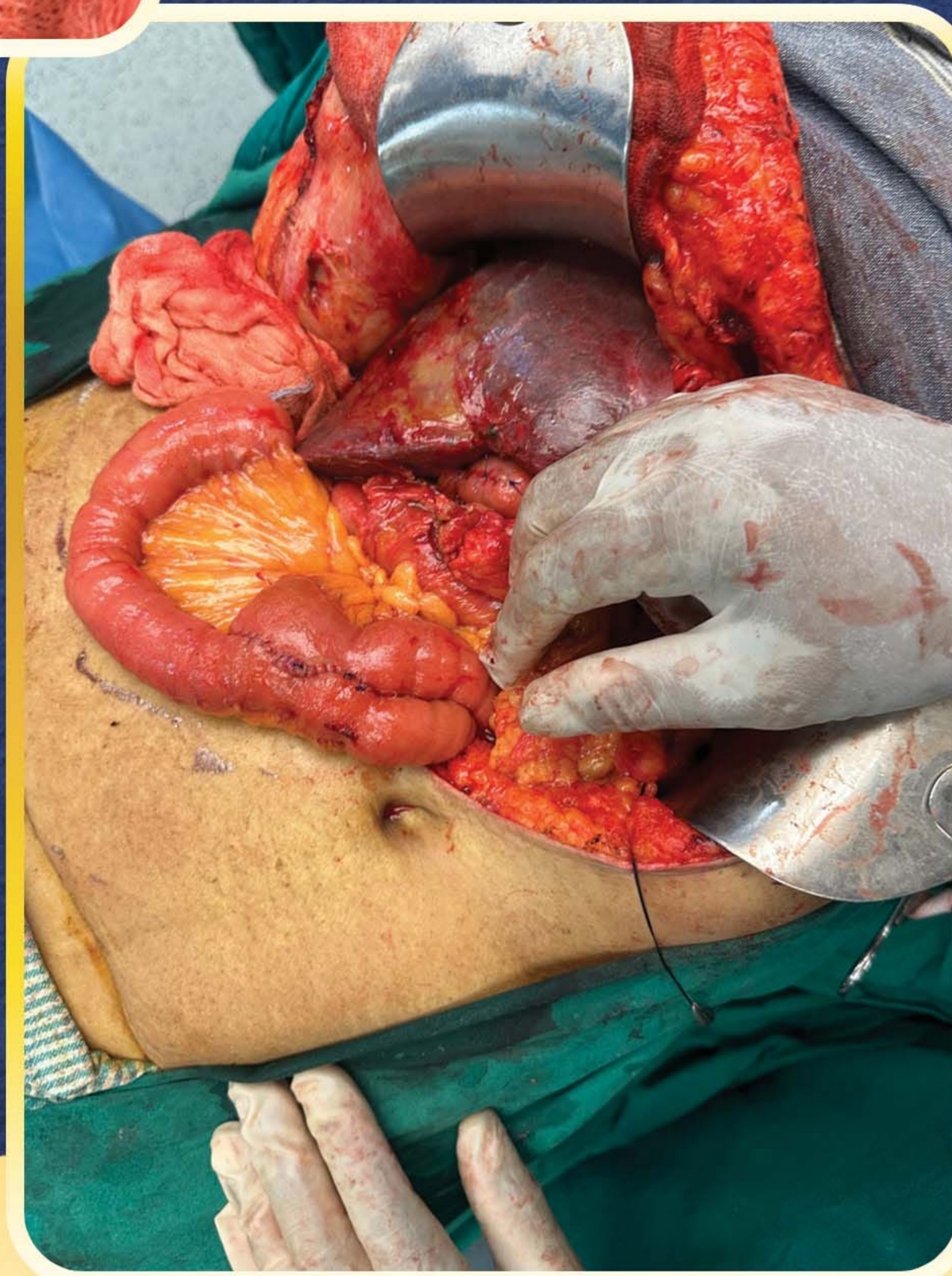
## INTERESTING CASE



Dept of General Surgery

Patient name:  
Lakshamma

In the Department of General Surgery, patient Lakshamma underwent a Lap Cholecystectomy in August. Subsequently, she developed CBD Stricture, leading to Obstructive Jaundice. The patient presented with complaints of nausea and abdominal pain four weeks post-surgery. Following a thorough evaluation, including a USG, the decision was made to proceed with Hepaticojejunostomy to address the condition.



## ACHIEVEMENTS

### ELECTED AS THE PRESIDENT OF IMA KARNATAKA STATE BRANCH



Congratulations Dr. Srinivas  
Prof and Head ,Dept of Pediatrics for being elected as ,  
President of IMA , Karnataka state branch.

### ELECTED AS THE IAPSM SECRETARY



Congratulations Dr.Sunil Kumar D.R.,  
Prof and Head, Dept of Community Medicine for being elected as the Secretary,  
Indian Association of Preventive and Social Medicine (IAPSM) , Karnataka State Chapter.

## GENERAL HEALTH CAMPS : OCT-2023



Place of Camp : Palyakere Bagepalli camp  
Date of Camp : 02/10/2023



Place of Camp : Guddlumudenahalli - Blood Camp  
Date of Camp : 02/10/2023



Place of Camp : CHC Vijipura Camp  
Date of Camp : 03/10/2023

## GENERAL HEALTH CAMPS : OCT-2023



Place of Camp : Gudibande  
Date of Camp : 04 /10/2023



Place of Camp : D Palya  
Date of Camp : 05 /10/2023



Place of Camp : Aaradeshahalli Blood camp  
Date of Camp : 06 /10/2023



## GENERAL HEALTH CAMPS : OCT-2023



Place of Camp : CHC Vijipura  
Date of Camp : 10 /10/2023



Place of Camp : Nagaragere PHC  
Date of Camp : 12 /10/2023

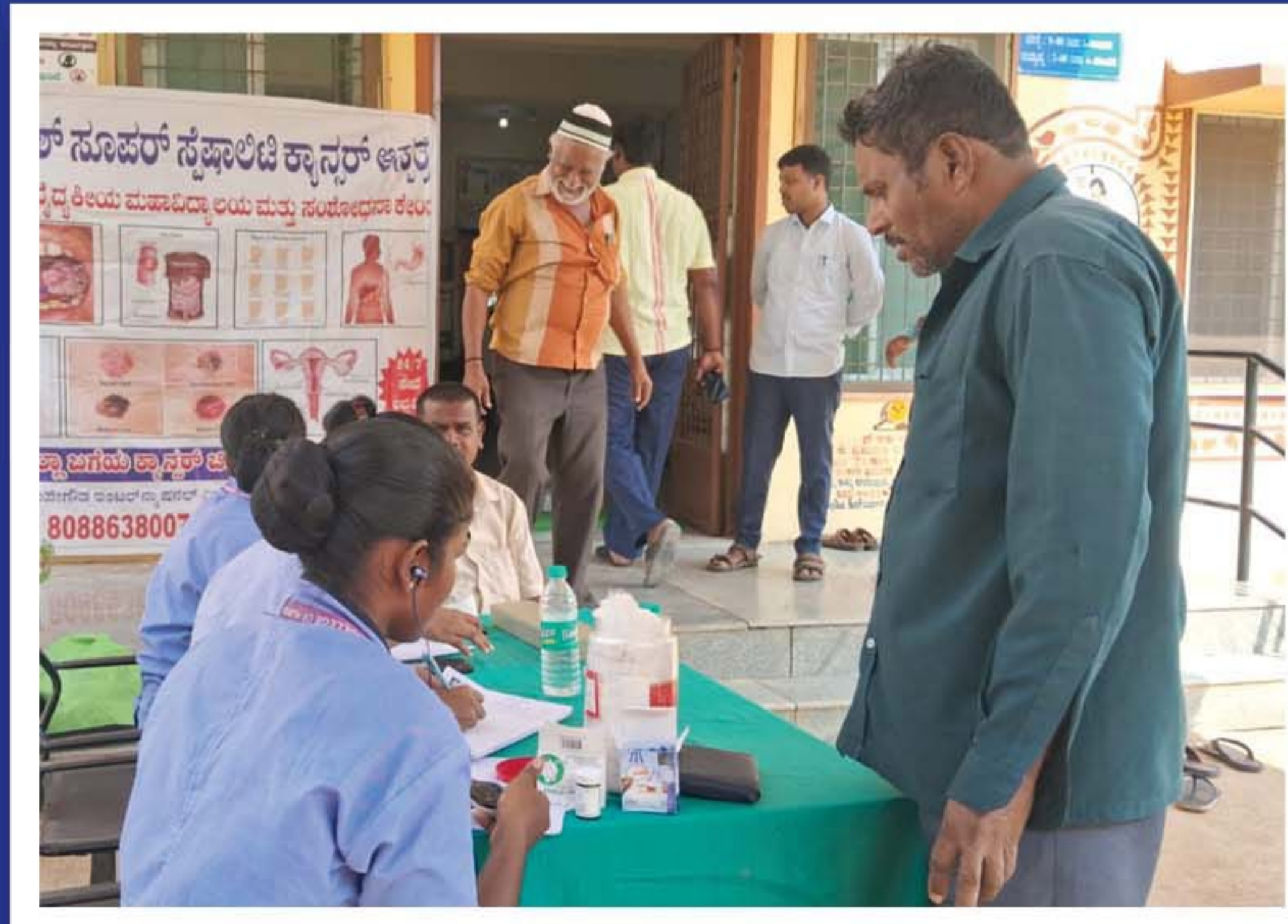


Place of Camp : Alipura camp  
Date of Camp : 15/10/2023

## GENERAL HEALTH CAMPS : OCT-2023



Place of Camp : Doddabelavangala Dharpan  
Date of Camp : 18/10/2023



Place of Camp : Huduguru camp  
Date of Camp : 19/10/2023



Place of Camp : Kallinayakanahalli  
Date of Camp : 26/10/2023

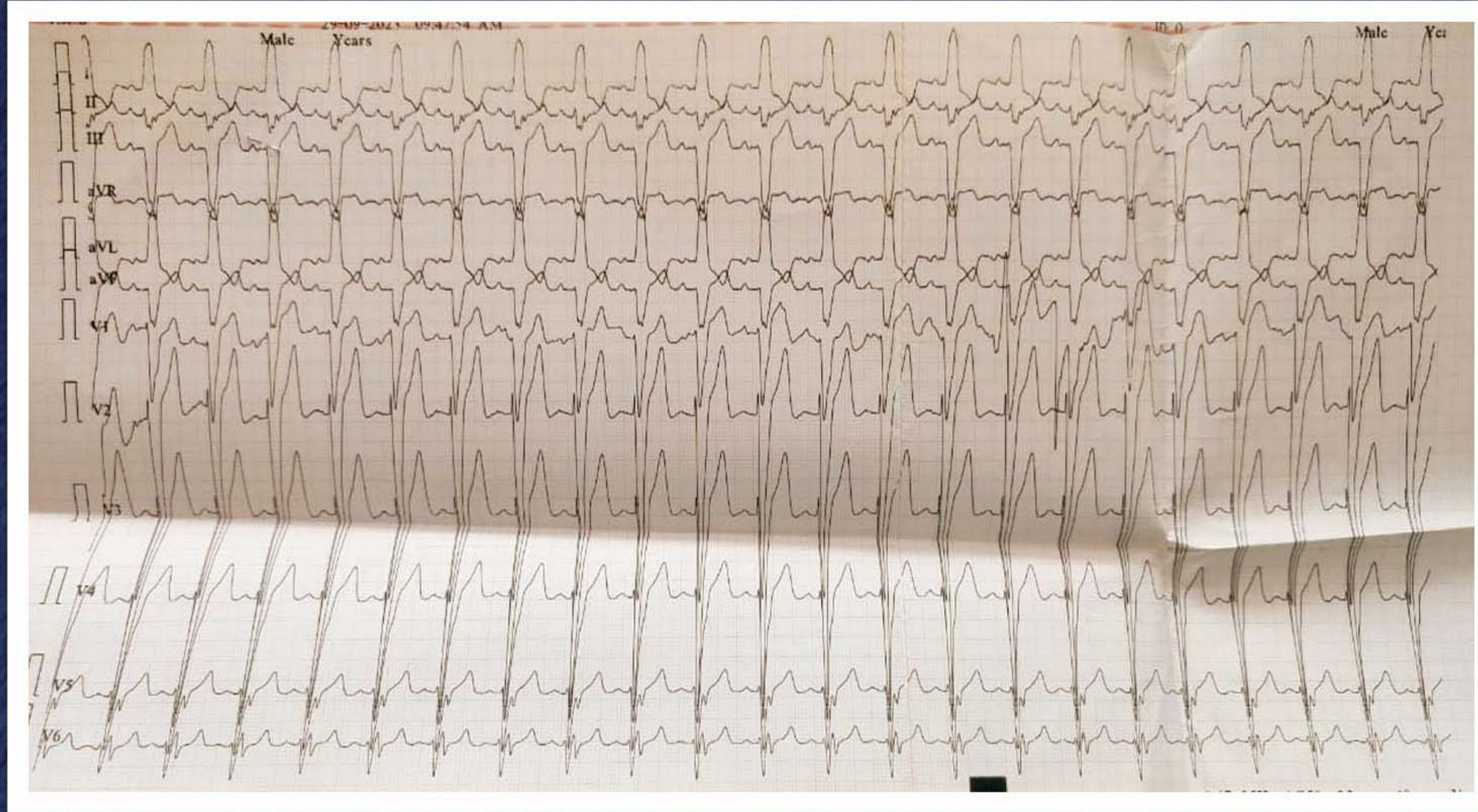
## GENERAL HEALTH CAMPS : OCT-2023



Place of Camp : Moragamolla camp  
Date of Camp : 29/10/2023



Place of Camp : Ghati PHC Camp  
Date of Camp : 30/10/2023



# DIAGNOSIS



Laughter is the  
best Medicine

